

Gluten Free Menu

Hot Crab and Artichoke Dip \$12.95

Cucumbers, bell pepper

Asian Lettuce Wraps \$10.95

Satay chicken strips, carrots, bean sprouts, coconut curry noodles, ginger marinated cucumbers and lettuce leaves with, cucumber wasabi sauce

Substitute Seared Tuna, Shrimp, or Flat Iron Steak add \$4.95

Roasted Pepper Hummus and Garden Vegetables \$8.95

Fresh roasted peppers, cucumbers, jicama, bell pepper and snap peas

Southwest Grilled Chicken Salad \$11.95/\$8.95

Organic romaine and red cabbage, tomato, hard boiled egg, cheddar jack, red onion, honey chipotle dressing

Greek \$11.95/\$8.95

Organic romaine, red cabbage, tomatoes, feta cheese, cucumber, black olives, pepperoncinis with white balsamic vinaigrette and a parmesan crisp

Grilled Chicken add \$2.95 Flat Iron Steak add \$4.95

Roasted Turkey Cobb \$12.95/\$8.95

Organic Romaine with diced turkey breast, black olives, bleu cheese, chopped bacon, hard boiled egg, avocado, tomatoes with white balsamic vinaigrette

Apple, Walnut and Bleu Cheese \$10.95/\$7.95

Organic romaine, Granny Smith apples, bleu cheese, candied walnuts, sundried cranberries, with Dijon vinaigrette

Seasonal Greens \$8.95/\$5.95

Organic California field greens, tomatoes, red onion with white balsamic vinaigrette

Atkins Burger \$10.95

Grilled and topped with aged provolone, organic California field greens, tomatoes, red onion, sautéed mushrooms and balsamic vinaigrette

Substitute Jenny Farm Steak Burger \$3.00

Greek with Salmon \$17.95

Pan seared Atlantic Salmon over organic romaine, red cabbage, tomatoes, feta cheese, cucumber, black olives, pepperoncinis with white balsamic vinaigrette and a parmesan crisp

Char Grilled Filet Mignon \$20.75

6oz center-cut choice beef, sautéed mushrooms, mashed potatoes and one side

New York Strip Steak \$19.95

10oz center-cut choice sirloin, sautéed mushrooms, mashed potatoes and one side

Fire Roasted Cajun Rib Eye \$17.95

10oz choice rib eye with Cajun spices, served with mashed potatoes and one side

Fresh Atlantic Salmon \$18.95

Seared Salmon with a lemon caper sauce, with seasoned spinach and one side

On The Side

Organic California Field Greens Fresh Fruit Succotash
Mixed Vegetables Mashed Potatoes

****Consuming items served raw or under cooked may increase your risk of food borne illness****
Please advise of any allergies or dietary needs it is our pleasure to accommodate all requests.